Theory of Change

The challenges	Our pathways to change	If we... (key activities)	This can result in... (short and medium outcomes)	Leading to improved... (longer-term outcomes)	Contributing to our vision...
• Social disconnection and loneliness • Inequality and exclusion • Psychosocial and/or psychological distress • Limited personal agency, autonomy and control • Challenges including mental health challenges, addiction, domestic violence, loss, housing insecurity, and other life crises and changes	**1 Support**	Support, connect and enable capacity of individuals and families	• Feeling seen, heard and validated • Immediate needs being met • More knowledge, insights and skills • Improved confidence, resilience and decision-making • Symptom reduction, management and recovery • Strengthened social relationships and support networks • Improved access to and use of information, supports and services	• Wellbeing • Belonging • Safety • Empowerment	People and communities are empowered to live safe, connected and meaningful lives
	2 Collaborate	Collaborate, engage and share with others in the community and across the sector	• Strengthened relationships and trust • Enhanced referral pathways and information sharing • Improved coordination of services and supports • Positive changes to practice and service design	• Quality • Cohesion • Efficiency	
	3 Influence	Influence and inform system-shapers and society	• Critical reflection and deeper understanding • Social attitudes are more compassionate, with less stigma • Positive changes to policies and practices	• Equity • Inclusivity	

Inputs, enablers and assumptions

- Qualified, experienced and passionate staff
- Organisational culture, values and guiding frameworks
- Lived experience voice and expertise
- Operational support services
- Financial resources
- Infrastructure and capital
- Local leadership and governance
- ICT / Systems
- Data and data systems
- Strong brand
- Strong relationships