

JULY 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
--------	--------	---------	-----------	----------	--------	----------

		1	2 Crafternoon 4 - 5:30pm	3 SHOUT! 5 - 7pm D+D 3:30 - 6:30pm	4	5
6	7 Footprints Forward 7 - 7:45am	8 Mindfulness + Mediation 4:30 - 5:30pm	9	10 SHOUT! 5 - 7pm D+D 3:30 - 6:30pm	11	12
13	14 Footprints Forward 7 - 7:45am	15	16 Crafternoon 4 - 5:30pm	17 SHOUT! 5 - 7pm D+D 3:30 - 6:30pm	18	19
20	21 Footprints Forward 7 - 7:45am	22 Mindfulness + Mediation 4:30 - 5:30pm	23	24 SHOUT! 5 - 7pm D+D 3:30 - 6:30pm	25	26
27	28 Footprints Forward 7 - 7:45am	29	30 Crafternoon 4 - 5:30pm	31 SHOUT! 5 - 7pm D+D 3:30 - 6:30pm	1	2

AUGUST 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
--------	--------	---------	-----------	----------	--------	----------

3	4 Footprints Forward 7 - 7:45am	5 Mindfulness + Mediation 4:30 -5:30pm	6	7 SHOUT! 5 - 7pm D+D 3:30 - 6:30pm	8	9
10	11 Footprints Forward 7 - 7:45am	12	13 Crafternoon 4 - 5:30pm Coping Deck 3:30-5pm	14 SHOUT! 5 - 7pm D+D 3:30 - 6:30pm	15	16
17	18 Footprints Forward 7 - 7:45am	19 Mindfulness + Mediation 4:30 -5:30pm	20 Coping Deck 3:30-5pm	21 SHOUT! 5 - 7pm D+D 3:30 - 6:30pm	22	23
24	25 Footprints Forward 7 - 7:45am	26	27 Crafternoon 4 - 5:30pm Coping Deck 3:30-5pm	28 SHOUT! 5 - 7pm D+D 3:30 - 6:30pm	29	30

SEPTEMBER 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
--------	--------	---------	-----------	----------	--------	----------

	1 Footprints Forward 7 - 7:45am	2	3 Coping Deck 3:30-5pm	4 SHOUT! 5 - 7pm D+D 3:30 - 6:30pm	5	6
7	8 Footprints Forward 7 - 7:45am	9 Mindfulness + Mediation 4:30 -5:30pm	10 Crafternoon 4 - 5:30pm Coping Deck 3:30-5pm	11 SHOUT! 5 - 7pm D+D 3:30 - 6:30pm	12	13
14	15 Footprints Forward 7 - 7:45am	16	17 Coping Deck 3:30-5pm	18 SHOUT! 5 - 7pm D+D 3:30 - 6:30pm	19	20
21	22 Footprints Forward 7 - 7:45am	23 Mindfulness + Mediation 4:30 -5:30pm	24	25 SHOUT! 5 - 7pm D+D 3:30 - 6:30pm	26	27
28	29 Footprints Forward 7 - 7:45am	30				